



95.3 FM
Second Quarter Report, 2024

WASHINGTON BROADCASTING COMPANY
98 South Main St., Washington PA 15301
(O) 724.222.2110 (F) 724.228.2299
wjpa.com | email@wjpa.com

Table of Contents

Page 3-4	-----	Local, National News Scheduling: Monday – Friday.
Page 5	-----	Local, National News Scheduling: Saturday.
Page 6	-----	Aired Local & National Public Service Announcements.
Page 7	-----	WJPA Radio Recruitment Statement.
Page 8-15	-----	“InfoTrak” Aired Public Service Programs. (April - June)

WASHINGTON BROADCASTING COMPANY
98 South Main St., Washington PA 15301
(O) 724.222.2110 (F) 724.228.2299
wjpa.com | email@wjpa.com

LOCAL NEWS SCHEDULING: Monday – Friday

April - June, 2024

Program:	Day:	Duration:	Time:	Subject(s):
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	10 MINUTES	6:00am – 6:10am	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER HEADLINES	MONDAY THROUGH FRIDAY	3 MINUTES	6:30am – 6:33am	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	10 MINUTES	7:00am – 7:10am	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER HEADLINES	MONDAY THROUGH FRIDAY	3 MINUTES	7:30am – 7:33am	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	10 MINUTES	8:00am – 8:10am	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER HEADLINES	MONDAY THROUGH FRIDAY	3 MINUTES	8:30am – 8:33am	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	9:00am – 8:05am	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	10:00am – 10:05am	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	11:00am – 11:05am	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	10 MINUTES	12:00pm – 11:05pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	1:00pm – 1:05pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	2:00pm – 2:05pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	3:00pm – 3:05pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	4:00pm – 4:05pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER HEADLINES	MONDAY THROUGH FRIDAY	3 MINUTES	4:30pm – 4:33pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS

LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	10 MINUTES	5:00pm – 5:10pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER HEADLINES	MONDAY THROUGH FRIDAY	3 MINUTES	5:30pm – 5:33pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	6:00pm – 6:05pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER HEADLINES	MONDAY THROUGH FRIDAY	3 MINUTES	7:00pm – 7:03pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS

WASHINGTON BROADCASTING COMPANY
98 South Main St., Washington PA 15301
(O) 724.222.2110 (F) 724.228.2299
wjpa.com | email@wjpa.com

April - June, 2024
LOCAL NEWS SCHEDULING: Saturday

Program:	Day:	Duration:	Time:	Subject(s):
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	SATURDAY	10 MINUTES	6:00am – 6:10am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER HEADLINES	SATURDAY	3 MINUTES	6:30am – 6:33am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	SATURDAY	10 MINUTES	7:00am – 7:10am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER HEADLINES	SATURDAY	3 MINUTES	7:30am – 7:33am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	SATURDAY	10 MINUTES	8:00am – 8:10am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER HEADLINES	SATURDAY	3 MINUTES	8:30am – 8:33am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	SATURDAY	5 MINUTES	9:00am – 9:05am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	SATURDAY	5 MINUTES	10:00am – 10:05am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	SATURDAY	5 MINUTES	11:00am – 11:05am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	SATURDAY	10 MINUTES	12:00pm – 12:10pm	LOCAL/NATIONAL NEWS/WEATHER/SPORTS

WASHINGTON BROADCASTING COMPANY
98 South Main St., Washington PA 15301
(O) 724.222.2110 (F) 724.228.2299
wjpa.com | email@wjpa.com

April - June, 2024

AIRED PUBLIC SERVICE ANNOUNCEMENTS

LOCAL PUBLIC SERVICE ANNOUNCEMENTS	NATIONAL PUBLIC SERVICE ANNOUNCEMENTS
American Legion Post 175 Arise Christian Fellowship Avery United Methodist Church Bradford House City Mission Citizens Library Hickory Lions Club Hickory United E.P. Church Kyle's Classic Legion Of Women Voters of Washington County Mon Valley Railroad Historical Society Roscoe Lions Club Car Show Trevor Popeck Foundation VFW Post 764 McMurray Washington County Health & Welfare Council Washington/Greene Hall of Fame Banquet West Middletown Christian Church	CARE Crohn's Disease Helping Seniors Lung Cancer Awareness Shriners St. Josephs St. Jude's Children's Hospital Wheelchair Veterans

WASHINGTON BROADCASTING COMPANY
98 South Main St., Washington PA 15301
(O) 724.222.2110 (F) 724.228.2299
wjpa.com | email@wjpa.com

April - June, 2024
RECRUITMENT STATEMENT

From Program Director, Pete Povich:

A dinner and seminar was held June 4th in West Middletown, Program Director Pete Povich was a guest speaker. The dinner was held by Marsha Cassel and is held the first Tuesday of every month. Pete spoke about the relevance of radio today and encouraged anyone interested in getting involved with WJPA to send a resume and a MP3 to him. This was a 90 minute event.

WASHINGTON BROADCASTING COMPANY
98 South Main St., Washington PA 15301
(O) 724.222.2110 (F) 724.228.2299
wjpa.com | email@wjpa.com

April - June, 2024
“INFOTRAK” Public Service Program, Sundays, 8AM

Date:	Issues:	Duration:	Guests & Narratives:
4/7/24	Physical Fitness Gender Issues	8:43 minutes	Dr. Gulati led a recent study that suggests that women may require less exercise to get similar longevity benefits as men. She said for men, the peak “survival benefit” takes 300 minutes a week of moderate to vigorous exercise to achieve an 18 percent lower risk of dying than inactive men, while women can get the same benefit in just 140 minutes a week. She said physiological differences such as size, muscle mass and lean body mass explain the finding.
4/7/24	Personal Finance	8:43 minutes	Debit cards are the most popular payment method for Gen Zers, according to a recent study, with 69 percent of those born between 1997 and 2012 reporting the use of a debit card at least once a week. Mr. Rossman explained why Gen Zers prefer debit cards much more than older generations, and why credit cards may be a wiser choice, thanks to cash back, travel rewards, fraud protections, and dispute resolution processes.
4/7/24	Alzheimer’s Disease Aging	5:03 minutes	A new UCLA Health study found Kundalini yoga provided several benefits to cognition and memory for older women at risk of developing Alzheimer’s disease. The practice focuses on meditation and breath work more so than physical poses. Dr. Lavretsky said her study found that the yoga restored neural pathways, prevented brain matter decline and reversed aging and inflammation-associated biomarkers – improvements not seen in a group who received standard memory training exercises.
4/14/24	Online Harassment Social Media Parenting	8:43 minutes	An entire generation of American youth has now grown up with social media and with it, the advent of online harassment of minors, from cyberbullying to sexual exploitation. Dr. Galea was the chairman of a National Academies of Sciences, Engineering, and Medicine committee that examined the potential harm of social media use on adolescents’ health, while maximizing its benefits. He discussed the committee’s report and its nearly a dozen recommendations for social media companies, Congress, the U.S. Department of Education, and others.

4/14/24	Physical Fitness Artificial Intelligence	8:43 minutes	ChatGPT and other artificial intelligences have demonstrated impressive abilities in a wide array of topics. Dr. Pescatello led a study of AI's skill in creating individualized exercise plans. She found that while the chat bot was able to provide general recommendations, such as getting 150 minutes of exercise per week, it failed to provide guidance on other key elements such as the frequency, intensity, time, and type of physical activity. She believes AI may eventually be valuable as an added tool for human personal trainers, but she doubts it will ever replace the human touch.
4/14/24	Career Women's Issues	5:01 minutes	Ms. Buccaro discussed today's career challengers faced by women. She shared tips on how to manage fears of making a presentation, where true confidence comes from, why nonverbal communication is so important, and how to effectively approach a meeting.
4/21/24	Constitutional Rights Legal Matters Crime	9:03 minutes	Prof. Duane explained the importance of the Fifth Amendment. He believes it is a constitutional right not clearly or widely understood by the average American. He explained why he advises everyone to never answer questions from law enforcement officers without legal representation. He believes when someone is wrongfully convicted of a crime they didn't commit, often it is because of information they voluntarily gave to investigators.
4/21/24	Women's Issues Mental Health Gen X Concerns	8:03 minutes	Ms. Calhoun talked about the new midlife crisis facing Gen X women, and how they arrived there. She said most women in their 40s and 50s are exhausted, terrified about money, under-employed, and overwhelmed. She believes that instead of being heard, they have been told to lean in, take "me-time," or make a chore chart to get their lives and homes in order. She talked about some of the possible societal changes that may address the problem.
4/21/24	Personal Health Healthcare Costs	5:07 minutes	Dr. Englesbe led a study that examined inexpensive ways for surgery patients to get physically and mentally ready for their upcoming operation. He said the program may help reduce overall costs and get patients home faster. He said "prehabilitation," uses the weeks before surgery to encourage patients to move more, eat healthier, cut back on tobacco, breathe deeper, reduce their stress and focus on their post-operative goals.

4/28/24	Drug Abuse Personal Health	7:26 minutes	Each year, thousands of teenagers and young adults are prescribed opioids for pain relief after having their wisdom teeth removed. Dr. Schroeder led a study that found almost 6 percent of these patients were diagnosed with opioid abuse during the 12 months after the initial prescription. He discussed alternate options for pain relief. He said wisdom tooth extraction is by far the most common surgical procedure for adolescents and young adults but there is very little research that supports the widespread use of the procedure.
4/28/24	Personal Productivity Parenting Career Education	9:40 minutes	Every day an unseen form of labor creeps into our lives—the kind of secretarial and managerial work necessary to run a life and a household. Dr. Emens discussed how this labor is created, how it affects our lives, and how we might avoid, reduce, and redistribute admin whenever possible—as individuals and as a society.
4/28/24	Education/ STEM Immigration	4:51 minutes	Dr. Rangel led a study that found that immigrant children are nearly twice as likely to study and pursue careers in STEM fields (Science, Technology, Engineering and Mathematics) as children born in the US. He believes that because immigrant students are less comfortable communicating in English than their native-born peers, they gravitate toward subjects where the language barrier is less of an impediment.
5/5/24	Education Early Childhood Development Parenting	9:28 minutes	American demographics have shifted significantly in the last 40 years, with many more children living in homes with extended families. She led a recent study that examined how a household size and the number of adults in a home affects a child's English-language development. She outlined what parents and grandparents living in these circumstances should be aware of.
5/5/24	Crime Alcohol Abuse Government Regulations	7:58 minutes	Prof. Jerrigan discussed his study that found that when the state reduced the hours that alcohol could be sold in one Baltimore neighborhood, violent crime overall fell by 23%, and homicides fell by 51% within the first month. He discussed how the results of this study could be applied to other cities.
5/5/24	Consumer Matters	5:09 minutes	67% of US adults say they have experienced at least one price increase in a subscription in the past year. Mr. Wilny outlined the results of a recent CNET survey that found that 'subscription creep' costs the average US consumer more than \$1,000 a year. He said decluttering subscriptions should be a priority for every consumer, and he offered some money-saving tips.

5/12/24	Human Trafficking Healthcare	9:55 minutes	Every day, victims of human trafficking enter the doors of hospitals and clinics. Dr. Stoklosa explained how doctors and nurses can literally save lives by picking up on subtle signs of trafficking. She said, while most people envision victims being used in the sex trade, many other forms of forced labor are also common. She also discussed the training her organization, HEAL Trafficking, provides to health professionals to better identify trafficking.
5/12/24	Disabilities Employment	7:32 minutes	Significant shifts have occurred in the employment landscape for people with disabilities during and after the pandemic. Dr. O'Neill, explained how employer attitudes have changed. He encouraged employers to reach out to local disability organizations to build relationships and to access programs designed to improve the employment rate for people with disabilities.
5/12/24	Urban Development Environment Poverty	5:03 minutes	Dr. Fidino led a study that identified how gentrified parts of a city have notably more urban wildlife than ungentrified parts of the same city. He explained possible reasons that--when wealthier people move in, improve housing, and attract new businesses--urban wildlife populations grow. He expressed his hope that his findings can be used to advocate for updated land development and management practices that prioritize social equity and access to nature spaces for all urban communities.
5/19/24	Employment Career Personal Finance	9:51 minutes	The job market is drastically different for today's young people compared to previous generations. Mr. Galloway offered career advice for 20- and 30-somethings. He also talked about the only commonly-accepted discrimination remaining in the workplace, agism, and why older workers still offer great value to employers. He talked about the importance of learning to save at an early age. He also discussed the shortcomings of the current tax code, which he believes is weaponized by corporations and the wealthy.
5/19/24	Prescription Drug Shortages Personal Health Government	7:35 minutes	Drug shortages have plagued the nation's health care system for several decades. In the first three months of 2024, there were 323 active medication shortages, an all-time record. Dr. Fox talked about the most common drugs that are in short supply. She said most are generic, older products, and about half are injectable drugs that are hard to make. She talked about potential steps that may address the problem.

5/19/24	Disaster Preparedness Public Safety	5:07 minutes	Dr. Armstrong led a recent study that found that roughly 50% of those surveyed in the mid-south could not accurately define a tornado warning. She explained the potential reasons behind this finding, why this knowledge is so important, and what can be done to improve the public's understanding of severe weather watches and warnings.
5/26/24	Child Abuse Foster Care Volunteerism	8:26 minutes	Ms. Erny explained how court-appointed special advocates (CASAs) look out for the interests of abused or neglected children. She discussed how CASA volunteers work with attorneys and other court officers to ensure the youngsters are in safe and healthy foster care, and eventually, permanent homes. She also outlined the training that these volunteers receive, and how someone can volunteer.
5/26/24	Crime Prevention Terrorism	8:46 minutes	Mr. Emerson offered numerous tips on how to crime-proof a house and how to avoid becoming a victim of crime in other environments, as well. He explained the importance of being aware of your environment, in order to react to dangerous situations or avoid them in the first place. He also talked about the options available to people caught in active shooter incidents or terrorist attacks.
5/26/24	Child Safety Product Safety Parenting	5:02 minutes	On an average day in the US, 13 children receive emergency treatment for a lawn mower-related injury. Ms. Mehan talked about the most common injuries and how they typically vary, depending on the age of the child. She offered suggestions for parents on how to prevent lawn mower-related injuries.
6/2/24	Hunger & Food Insecurity Government Charitable Contributions	6:53 minutes	The most recent stats indicate that 1 in 7 Americans experience food insecurity, with even higher rates for children under age 5. Ms. Nageotte explained what factors are contributing to this rapidly increasing need, how her organization is coping with it, how government approaches to address the problem can improve, and what listeners can do to help.
6/2/24	Youth Mental Health Parenting	10:27 minutes	The CDC has reported alarming rates of depression among America's youth, with 42% of high school students feeling so sad or hopeless almost every day for at least two weeks in a row in 2021 that they stopped doing their usual activities and 22% seriously considering a suicide attempt. Prof. Kujawa discussed the reasons behind this disturbing trend, and how parents and others can help young people navigate the challenges of the teenage years.

6/2/24	Housing Government Regulations Economy	5:04 minutes	Prof. Caplan believes the reason housing supply is so low and prices are so high is rooted in a regulatory system that treats developers like criminals. He said freeing property owners to build as tall and dense as they wish would cut the average price of housing in half, and simultaneously reduce inequality, increase social mobility, promote economic growth, reduce homelessness, increase birth rates, help the environment, cut crime, and more.
6/9/24	Education Artificial Intelligence	8:28 minutes	Artificial intelligence is impacting the world rapidly, perhaps no more so than in education. Mr. Bowen outlined ways that AI can enhance or challenge traditional notions of creativity in the classroom. He said the AI revolution is an opportunity to actually raise academic standards. He discussed the likelihood of cheating, and why a strong understanding of AI is so important for students as they eventually enter the workforce.
6/9/24	Parenting Mental Health	8:50 minutes	Is the status of “perfect parent” attainable? Prof. Gawlik led a recent study that found that 57% of parents self-reported burnout, and the pressure to try to be “perfect” leads to unhealthy impacts on both parents and their children. She said social media has been a significant factor in the pressures of parenting. She offered guidance on positive parenting strategies, techniques and tips to form deeper connections with one’s children.
6/9/24	Nutrition Personal Health	5:03 minutes	Dr. Shanahan explained how eight common seed oils cause the cellular damage that underlies virtually all chronic disease. She said the effects of this oxidative stress include uncontrollable hunger, inflammatory fat buildup, blood sugar swings, and gut inflammation.
6/16/24	Education Career	8:47 minutes	Does college pay off? Mr. Cooper conducted a comprehensive return-on-investment analysis that examined how much various college degrees increase lifetime earnings, minus the costs of college, for 53,000 different degree and certificate programs. He found that engineering, computer science, nursing, and economics degrees have the highest ROI, while certificates in the technical trades have a higher payoff than the typical bachelor’s degree.
6/16/24	Poverty Housing Government Assistance	8:35 minutes	Prof. Palmer led a recent study that found that a modest amount of logistical assistance dramatically increases the likelihood that low-income families will move into neighborhoods providing better economic opportunities. His study of Seattle neighborhoods found that the number of families using vouchers for new housing jumped from 15 percent to 53 percent when they had more information, some financial support, and, most of all, a “navigator” who helped them address logistical challenges.

6/16/24	Nutrition Personal Health	5:08 minutes	Nine out of 10 people who suffer cardiac arrest outside of the hospital die, and cardiopulmonary resuscitation (CPR), especially if performed immediately, can double or triple survival rates. Dr. Wu discussed efforts by the American Heart Association to increase education and training for both CPR and the use of automated external defibrillators.
6/22/24	Substance Abuse Technology	5:08 minutes	Illicit drug use killed 107,000 Americans last year, plus another 100,000 deaths from alcohol abuse, but only 6% of Americans with substance use disorders receive treatment. Dr. Businelle discussed the advent of smartphone apps that can provide highly-tailored interventions delivered at the time that people need them. He said mobile health interventions may reduce stigma because people do not have to attend treatment in person. He believes apps could eventually become a first line of treatment for substance abuse.
6/22/24	Retirement Planning Personal Finance Aging	8:45 minutes	Ms. Anspach is a retirement planning expert; she outlined the five things she plans to do in the five years leading up to retirement. She talked about the importance of conducting an annual review and making adjustments to retirement accounts, which is also helpful not only from a financial standpoint, but also for peace of mind, as retirement nears.
6/22/24	Personal Health Youth Sports	5:07 minutes	High blood pressure, also known as hypertension, occurs in 47% of adults in the US. Dr. Malik led a recent study that found that a substantial portion of young athletes are also at risk of hypertension. He said despite being perceived as a generally healthy population, young athletes are not immune to heart disease, including elevated blood pressure. He found that the risk appeared to vary depending on the sport, with young athletes who participated in multiple sports displaying the highest rates with a 28.3% prevalence, closely followed by basketball at 27.6% and football at 27.1%.
6/30/24	Cancer Prevention Minority Concerns Women's Issues	7:26 minutes	Dr. Padamsee led a study that found that African-American women at high risk of breast cancer are less likely than white women to pursue potentially life-saving preventive care. She talked about the most common preventative steps that at-risk patients can take. She also encouraged patients to talk to their physicians about cancer risk concerns.
6/30/24	Personal Productivity Personal Health	9:40 minutes	Mr. Clear offered strategies aimed at forming good habits, breaking bad ones, and mastering the tiny behaviors that lead to extraordinary results. He explained how to find the underlying causes of bad habits and why that can help to correct them. He offered examples of ways to redesign an environment to break bad habits.

6/30/24	Drug Abuse Personal Health	4:51 minutes	It's well known that marijuana use has a negative impact on brain function and memory. Dr. Dawson's research team examined what specific areas of the brain are affected by long term use, for both recreational users and patients who use the drug to combat epilepsy, multiple sclerosis and chronic pain. He said long term use of the drug impairs the ability of brain regions involved in learning and memory to communicate with each other.
---------	-------------------------------	-----------------	---