

95.3 FM Second Quarter Report, 2025

Table of Contents

Page 3-4	Local, National News Scheduling: Monday – Friday.
Page 5	Local, National News Scheduling: Saturday.
Page 6	Aired Local & National Public Service Announcements.
Page 7	WJPA Radio Recruitment Statement.
Page 8-14	"InfoTrak" Aired Public Service Programs. (April – June)

LOCAL NEWS SCHEDULING: Monday – Friday

April – June, 2025

Program:	Day:	Duration:	Time:	Subject(s):
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	10 MINUTES	6:00am – 6:10am	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER HEADLINES	MONDAY THROUGH FRIDAY	3 MINUTES	6:30am – 6:33am	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	10 MINUTES	7:00am – 7:10am	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER HEADLINES	MONDAY THROUGH FRIDAY	3 MINUTES	7:30am – 7:33am	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	10 MINUTES	8:00am – 8:10am	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER HEADLINES	MONDAY THROUGH FRIDAY	3 MINUTES	8:30am – 8:33am	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	9:00am – 8:05am	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	10:00am – 10:05am	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	11:00am - 11:05am	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	10 MINUTES	12:00pm – 11:05pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	1:00pm – 1:05pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	2:00pm – 2:05pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	3:00pm – 3:05pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	4:00pm – 4:05pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER HEADLINES	MONDAY THROUGH FRIDAY	3 MINUTES	4:30pm – 4:33pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS

LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	10 MINUTES	5:00pm – 5:10pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER HEADLINES	MONDAY THROUGH FRIDAY	3 MINUTES	5:30pm – 5:33pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	6:00pm – 6:05pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER HEADLINES	MONDAY THROUGH FRIDAY	3 MINUTES	7:00pm – 7:03pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS

April – June, 2025 LOCAL NEWS SCHEDULING: Saturday

Program:	Day:	Duration:	Time:	Subject(s):
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	SATURDAY	10 MINUTES	6:00am – 6:10am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER HEADLINES	SATURDAY	3 MINUTES	6:30am – 6:33am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	SATURDAY	10 MINUTES	7:00am – 7:10am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER HEADLINES	SATURDAY	3 MINUTES	7:30am - 7:33am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	SATURDAY	10 MINUTES	8:00am – 8:10am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER HEADLINES	SATURDAY	3 MINUTES	8:30am – 8:33am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	SATURDAY	5 MINUTES	9:00am – 9:05am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	SATURDAY	5 MINUTES	10:00am- 10:05am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	SATURDAY	5 MINUTES	11:00am - 11:05am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	SATURDAY	10 MINUTES	12:00pm – 12:10pm	LOCAL/NATIONAL NEWS/WEATHER/SPORTS

April – June, 2025 AIRED PUBLIC SERVICE ANNOUNCEMENTS

LOCAL PUBLIC SERVICE ANNOUNCEMENTS	NATIONAL PUBLIC SERVICE ANNOUNCEMENTS
American Legion Post 175	Crohn's Disease
Arise Christian Fellowship	Fourth of July Safety
Avery United Methodist Church	Golden Paw
Bradford House	Lung Cancer Screening
Citizens Library	Protecting Seniors
City Mission	Songs of Love Foundation
Hickory Lions Club	Vestibular Disorder
Hickory United E.P. Church	
Kyle's Classic	
League of Women Voters	
Mon Valley Railroad Historical Society	
Roscoe Lions Club Car Show	
Trevor Popeck Foundation	
VFW Post 764 McMurray	
Wash. Co. Health and Welfare Council	
Wash. – Greene Sports Hall of Fame	
Westmiddletown Christian Church	

April – June, 2025 RECRUITMENT STATEMENT

From Program Director, Pete Povich:

Danielle Morgan, a student at Penn West California in the music program, is learning the radio business and shadowed several positions. Danny Flynn, a student at Waynesburg University in the communications program, spent time training on air. He hopes to become a sports announcer. Brayden Gwilliam, a student at Indiana University of Pennsylvania, shadowed several areas to learn about the station. He has spent time covering news and writing for the station website.

April – June, 2025 **"INFOTRAK" Public Service Program, Sundays, 8AM**

Date:	Issues:	Duration:	Guests & Narratives:
4/6/25	Prescription Drug Safety Government Regulations Consumer Matters	8:54 minutes	Prof. Gray discussed his study that found that generic drugs manufactured in India have a 54% higher rate of severe adverse events compared to US-made counterparts, with consequences like hospitalizations, disabilities, and even deaths. He said cost-cutting pressures play a major role in the problem. He recommended that consumers should ask their pharmacies about the origin of their medications, research the FDA's website to understand quality differences, and encourage their representatives to push for reforms like unannounced inspections in foreign manufacturing facilities.
4/6/25	Climate Change Environment	8:32 minutes	While you might think trees would naturally migrate to more favorable conditions, Dr. Nigro led a study that found that many of the dominant tree species in the Western U.S. are struggling to keep pace with rapid climate change. She said while some tree species are showing stability, about half of the 15 dominant species studied are struggling to regenerate in the hottest and driest areas. She outlined the complexity of large-scale efforts to help trees relocate to more favorable climates, including the importance of preserving genetic diversity and selecting cultivars resistant to diseases and pests.
4/6/25	Children's Health Consumer Matters	5:10 minutes	Prof. Staples discussed his research that exposed an urgent need for better regulation and transparency in the energy drink industry. He noted a critical gap: there's no standardized safe caffeine dose for children, yet these highly caffeinated beverages remain easily accessible to young consumers. He highlighted concerns about inconsistent and often confusing labeling that leaves parents in the dark about what their children are consuming.
4/13/25	Drunk Driving Prevention Substance Abuse	8:30 minutes	Ms. Stewart highlighted the ongoing public health crisis of drunk driving in the US. She discussed recent federal legislation that will eventually require all new vehicles to have passive detection systems that can prevent impaired drivers from operating a car, potentially saving over 10,000 lives per year. She said this game-changing technology is a significant step towards a future without impaired driving tragedies.
4/13/25	Women's Issues Career Diversity	8:58 minutes	A little-known factor called "experience capital" could be the key to unlocking women's career advancement. Ms. Ellingrud offered her insights on how it can help women develop the skills and wisdom needed to advance their careers and accelerate their professional growth. She also believes it is critical for women to develop both technical and soft skills, such as networking, collaboration, and emotional intelligence.

4/13/25	Technology Privacy Concerns	5:12 minutes	Digital assistants have become increasingly helpful in Americans' daily lives, but Ms. Caswell explained the risks of sharing too much personal information with Al chatbots like ChatGPT. She advised users to avoid sharing sensitive details like personal identifiable information, financial data, passwords, company information, medical records and more. Instead, she suggested being vague and generic when seeking assistance from Al, to protect one's privacy and security.
4/20/25	Personal Finance Parenting Education	8:09 minutes	Ms. Gailey shared the results of her organization's survey that revealed that people who learned about money as children are nearly twice as likely to secure pay raises as adults. She noted that 66% of Americans with strong financial foundations successfully negotiate salary increases, compared to just 39% of those without early money education. The survey also found that gender gaps persist as well, with men generally receiving more financial education and achieving better negotiation outcomes.
4/20/25	Pollution Environment	9:12 minutes	Traditional concerns about pollution and buildings have focused on outdoor pollutants entering buildings. However, Prof. Boor warned that the air leaving office buildings may be a bigger concern. He said his research shows that buildings release significant amounts of volatile organic compounds from cleaning products, building materials, and other sources - even more than emissions from cars and industry. He suggested that homeowners and building managers can use affordable indoor air quality monitors to assess pollution levels.
4/20/25	Veterans Issues Mental Health	4:55 minutes	Veterans face a wide array of mental health and stress-related challenges when they return to civilian life. Dr. Loftis discussed the various forms of help available at Veterans Administration facilities and via community-based mental health resources where veterans live. He offered ideas to help family members and friends start the conversation about mental health.
4/27/25	Career Employment	8:32 minutes	Ms. Mann shed light on her innovative approach to job hunting, which she calls "job shopping." Unlike traditional job seeking, where candidates feel at the mercy of employers, job shopping empowers candidates to leverage their unique skills and experiences to attract multiple offers. She said focusing on specific transferable skills and pro bono projects is more effective than attempting to appear versatile, which can dilute a candidate's appeal.

4/27/25	Mental Health Personal Health	8:57 minutes	Sometimes being stressed isn't such a bad thing. Mr. Krasnow challenged the belief that all stress is harmful. He explained the difference between chronic, negative stress and acute, beneficial stress, which can confer physiological and psychological advantages. He shared insights on doing hard things, such as fasting and strength training, that promote health by triggering adaptive responses in our bodies. He emphasized that change is not only possible but essential, empowering people to take charge of their health by adopting healthier behaviors and embracing life's inherent impermanence.
4/27/25	Education Literacy Parenting	5:11 minutes	Ms. Bogart discussed the challenges children face in developing writing skills. She emphasized that traditional writing education often stifles self- expression by focusing too heavily on mechanics, causing kids to lose confidence and identity. She shared a creative strategy to encourage young writers by capturing their spontaneous stories, which reveals the joy and significance of their words.
5/4/25	Elder Care Aging	9:24 minutes	Dr. Gusoff discussed the rise of home care cooperatives, a model where caregivers own and operate the business, thereby ensuring they benefit from its success. He said, unlike traditional home care services, cooperatives foster a sense of community, respect, and control among workers, resulting in significantly lower turnover rates and better wages. He said it also allows caregivers to have a greater say in care decisions, improving patient outcomes and job satisfaction.
5/4/25	Mental Health	7:53 minutes	Many Americans can't find joy despite appearing to "have it all." Dr. Joseph discussed high-functioning depression, a condition where individuals appear to manage daily life while silently struggling with emotional distress. Unlike clinical depression, those affected often engage in over-commitment to avoid confronting their pain and trauma. She advocated for a proactive approach to mental health, encouraging people to reclaim joy through simple, mindful practices in daily life.
5/4/25	Career Communication	5:05 minutes	Ms. Geller shared her insights on how to speak so people listen, emphasizing the importance of authenticity in powerful communication. She highlighted the necessity of telling the truth and emphasized the power of nonverbal communication and active listening. She also explained why storytelling is a vital tool for connection.

5/11/25	Personal Health Healthcare Spending Physical Fitness	8:27 minutes	Dr. Kales co-authored a recent study that suggested that the number of push-ups a middle-aged man can perform might be a strong indication of his overall heart health. He found that men who can do more than 40 pushups in one minute have a 96 percent reduced risk of heart attack, stroke and heart disease compared with men who could muster fewer than 10. He also noted that push-up capacity appears to be a better and obviously less costly measurement of heart health than the standard treadmill test routinely used by cardiologists.
5/11/25	Recycling Consumer Matters	8:54 minutes	Dr. Winterich's research team conducted six studies that found that when consumers are aware that recyclables are transformed into new items, they recycle more. She believes that improving consumer education should be a priority for any organization seeking to increase recycling.
5/11/25	Mental Health Workplace Matters	4:57 minutes	Dr. Thompson talked about the value of a mental health break from work, which can mean heading out early for the rest of the day or stepping away from the pressures of work for 15 minutes. She explained how employees can successfully request a mental health break, and what to do during one to mentally recharge.
5/18/25	Energy Government Policies Consumer Matters	9:22 minutes	Dean Majumdar discussed six key strategies for managing America's growing electricity demand. He emphasized the importance of balancing economic, national, and environmental security, as electricity impacts every sector. He said he would like to see a diverse energy strategy, incorporating resources like nuclear and geothermal energy. He also called for a federal-state partnership to create a grid investment fund, facilitating better infrastructure for electricity transmission across the nation.
5/18/25	Suicide Prevention Mental Health	8:05 minutes	Nearly 50,000 lives in the US are lost annually to suicide, and about ten million Americans consider it each year. Dr. Ahmedani discussed the Zero Suicide model, a tailored approach to clinical care that effectively reduced suicide rates by 25% through targeted screening and support. He emphasized the crucial role of healthcare providers in identifying at- risk individuals and implementing structured intervention strategies. He also talked about the lack of training for healthcare professionals in effectively addressing suicide risk.
5/18/25	Water Safety Parenting	5:14 minutes	Following the devastating loss of his 19-month-old daughter to drowning in 2018, Mr. Miller and his wife Morgan Beck have become passionate advocates for water safety awareness. He shared critical insights that every parent needs to hear, including the often- overlooked fact that water should be the first search location when a child goes missing.

5/25/25	Retirement Planning Personal Finance Food Safety	8:36 minutes	Mr. Gotbaum said the retirement industry has spent decades largely sidestepping perhaps the biggest question most Americans have about retirement planning: how much of their earnings should they be saving? He cited research from the Employee Benefits Research Institute that recommends saving at least 10% of each paycheck. He stressed that Millennials should begin saving in earnest as soon as they enter the workforce.
	Environment Government Regulation	8:48 minutes	A recent investigation by the Food and Drug Administration found toxic per- and poly- fluoroalkyl substances, or PFAS, in a wide variety of produce, meats and processed foods. Dr. Andrews outlined the health dangers. He said food packaging is a major source of the chemicals, along with contaminated water and soil used to grown the food. He would like to see greatly increased government regulation and monitoring of the chemicals.
5/25/25	Child Safety Parenting	4:54 minutes	Dr. Moon was the lead author of a study that found that babies are dying in car seats when the child is out of the car and sleeping. When looking at infant deaths in sitting devices, like car seats and strollers, her team found that more than two-thirds occurred while in car seats. In those cases, parents were using the car seats as directed less than 10% of the time. She stressed the importance of educating parents to use a crib or bassinet when they are at home.
6/1/25	Senior Citizens Hunger Volunteerism	8:59 minutes	Ms. Hollander discussed the often-overlooked issue of senior hunger in America and the importance of addressing it. She highlighted her organization's vital role beyond meal delivery, emphasizing the importance of human connection and wellness checks for seniors. She also emphasized the importance of advocacy, volunteering, and donations to help eliminate waiting lists for those in need.
6/1/25	Teenage Health Parenting	8:16 minutes	New research from Penn State discovered a connection between adolescent sleep patterns and cardiovascular health. Dr. Fernandez-Mendoza explained the critical role of consistent sleep and its potential long-term consequences on heart health in later years, highlighting how hormonal changes during adolescence disrupt their sleep patterns. He also talked about the importance of behavioral interventions and light exposure to help teens establish healthier sleep habits.
6/1/25	Sexual Harassment Women's Concerns Workplace Matters	5:03 minutes	Ms. Lawrence explained how most companies mishandle sexual harassment cases and why. She also discussed the mental health consequences faced by those who report sexual harassment and how to deal with it. She talked about the impact of the MeToo# movement and what she sees as the future of dealing with sexual harassment as a society.

6/8/25	Volunteerism Charitable Contributions Job Training Substance Abuse	8:31 minutes 8:48	Mr. Eagles discussed his organization's evolution over its 120-year history, into today's nationwide non-profit that empowers over 2 million people annually through education and job training. He said Goodwill's thrift stores serve not just as retail outlets but as a vital funding source for various support programs, serving individuals facing challenges like joblessness, homelessness and addiction. Relapse is common when someone is trying to quit,
		minutes	regardless of whether they're giving up opioids or alcohol or cigarettes. Prof. Fontes discussed her research on the varying difficulties of quitting different substances. She found that that opioids and pain medications pose the greatest challenge due to severe physical dependence and withdrawal symptoms, while hallucinogens are the easiest to quit. She emphasized the complexities of treating addiction as a chronic disorder that necessitates ongoing care rather than a quick fix.
6/8/25	Community Banks Government Regulation Minority Concerns	5:09 minutes	America has lost over 11,000 community banks in just four decades. Mr. Abello offered examples of local community banks that address societal issues in their communities, and thrive by deeply understanding local businesses. He also mentioned the need for regulatory reforms to support community banks trying to compete with mega banks.
6/15/25	Personal Health Workplace Matters	7:24 minutes	Mr. Bruellman discussed his research that examined how prolonged sitting affects our cholesterol levels and BMI, even in physically active individuals. He said simple changes like using a standing desk or taking movement breaks can improve circulation, boost energy levels, and enhance focus.
6/15/25	Teen Mental Health Parenting Technology	9:59 minutes	New research reveals a disturbing link between social media use and rising depression symptoms in preteens. Dr. Nagata explained how intelligent algorithms keep young users hooked, leading to concerning patterns of disrupted sleep patterns, increased cyberbullying exposure, harmful social comparisons and potential isolation. He said parents should remain vigilant for warning signs of depression linked to social media usage.
6/15/25	Consumer Matters Environment Energy Conservation	4:58 minutes	Household dryers consume about 3% of residential energy in the US. Prof Miller led a study that found that switching to 100% line drying could save households over \$2,100 and cut CO2 emissions by more than three tons over a dryer's lifetime. She conceded that while line drying may not be practical year-round, even smaller reductions in dryer usage can lead to notable economic and environmental benefits.

6/22/25	Personal Health Obesity PTSD Mental Health	9:31 minutes 8:48 minutes	 Prof. Cooper led a study that found that stepping on the bathroom scale once per day may help to avoid weight gain. She said the average adult gains 1-2 lbs over each vacation or holiday period, and normally doesn't lose it afterwards. She said although people may walk more and get other forms of physical activity during vacations, they tend to eat more. An American Psychiatric Association report found that Americans have experienced a 51% increase in anxiety levels in the past two years. Dr. Nadel said the report illustrates an epidemic of anxiety issues, including PTSD. She said it can be triggered just by watching disturbing images on electronic devices,
			causing what she terms "vicarious traumatization." She outlined five techniques that may help those suffering from mental trauma.
6/22/25	Privacy Government Policies Consumer Matters	5:02 minutes	Ms. Angwin explained why Americans should be concerned about the rapidly increasing ways that the government, private companies, and even criminals use technology to indiscriminately sweep up vast amounts of our personal data. She outlined tools that people can use to reduce their digital footprint.
6/29/25	Substance Abuse Aging	9:28 minutes	Prof. Haley led a study that found that adults ages 65 and older are the fastest-growing age group to use cannabis in the United States. She talked about the reasons behind an increase in cannabis use disorder in the US over the last 20 years. She also discussed the need for universal screening and treatment for the disorder, as well as concerted research to better understand the benefits and risks of cannabis among different populations.
6/29/25	Child Abuse Personal Health	7:58 minutes	Survivors of childhood abuse face twice the risk of developing serious health conditions like heart disease and diabetes. Prof. Fuller-Thompson outlined her research that examined the devastating long- term impact of early trauma on adult health. She advocates for primary prevention strategies to protect vulnerable children, including parenting support and mentorship programs, along with cognitive behavioral therapy to help victims.
6/29/25	Cybersecurity Crime	5:09 minutes	That "unsubscribe" link at the bottom of an email might clean up the user's inbox—or make them a bigger target. Mr. Keanini explained the surprising risks, and suggested other options to filter inboxes and reduce email clutter.