



**1450 AM**  
**First Quarter Report, 2026**

WASHINGTON BROADCASTING COMPANY  
98 South Main St., Washington PA 15301  
(O) 724.222.2110 (F) 724.228.2299  
wjpa.com | [email@wjpa.com](mailto:email@wjpa.com)

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**LOCAL NEWS SCHEDULING: Monday – Friday**

Jan. – March, 2026

Program:	Day:	Duration:	Time:	Subject(s):
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	10 MINUTES	6:00am – 6:10am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER HEADLINES	MONDAY THROUGH FRIDAY	3 MINUTES	6:30am – 6:33am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	10 MINUTES	7:00am – 7:10am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
LOCAL NEWS/SPORTS/WEATHER HEADLINES	MONDAY THROUGH FRIDAY	3 MINUTES	7:30am – 7:33am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	10 MINUTES	8:00am – 8:10am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
LOCAL NEWS/SPORTS/WEATHER HEADLINES	MONDAY THROUGH FRIDAY	3 MINUTES	8:30am – 8:33am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	9:00am – 8:05am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	10:00am – 10:05am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	11:00am – 11:05am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	10 MINUTES	12:00pm – 11:05pm	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	1:00pm – 1:05pm	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	2:00pm – 2:05pm	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	3:00pm – 3:05pm	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	4:00pm – 4:05pm	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
LOCAL NEWS/SPORTS/WEATHER HEADLINES	MONDAY THROUGH FRIDAY	3 MINUTES	4:30pm – 4:33pm	LOCAL/NATIONAL NEWS/WEATHER/SPORTS

LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	10 MINUTES	5:00pm – 5:10pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER HEADLINES	MONDAY THROUGH FRIDAY	3 MINUTES	5:30pm – 5:33pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	MONDAY THROUGH FRIDAY	5 MINUTES	6:00pm – 6:05pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS
LOCAL NEWS/SPORTS/WEATHER HEADLINES	MONDAY THROUGH FRIDAY	3 MINUTES	7:00pm – 7:03pm	LOCAL/NATIONAL NEWS/WEATHER/ SPORTS

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Jan. – March, 2026  
**LOCAL NEWS SCHEDULING: Saturday**

Program:	Day:	Duration:	Time:	Subject(s):
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	SATURDAY	10 MINUTES	6:00am – 6:10am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER HEADLINES	SATURDAY	3 MINUTES	6:30am – 6:33am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	SATURDAY	10 MINUTES	7:00am – 7:10am	LOCAL/NATIONAL NEWS/WEATHER/SPORTS
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WJPA LOCAL NEWS/SPORTS/WEATHER FULL NEWSCAST	SATURDAY	10 MINUTES	12:00pm – 12:10pm	LOCAL/NATIONAL NEWS/WEATHER/SPORTS

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Jan. – March, 2026

**AIRED PUBLIC SERVICE ANNOUNCEMENTS**

<b>LOCAL PUBLIC SERVICE ANNOUNCEMENTS</b>	<b>NATIONAL PUBLIC SERVICE ANNOUNCEMENTS</b>
Avery and Meadowlands UMC  Bentleyville Public Library  Big Brothers, Big Sisters Elks Lodge Washington PA  Carroll TWP Fire Department  Centerville American Legion Post 705  Italian American Culture & Heritage Society  Pet Search  Washington County Department of Public Safety  Washington County Sheriffs K9 Divisions  Work Money, Citizens Library  Zoretich Family	AG Safe  American Heart ASSC. CPR  Anti-Vaping  IBD (Inflammatory Bowel Disease)  Lions Club International  Medicare Virtual Colonoscopy  No Kid Hungry  Parkinson’s Disease  School Smiles  Shriners  Wheel Chairs for Warriors

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Jan. – March, 2026  
**RELIGIOUS PROGRAMMING**

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Program:	Date/Time:	Duration:	Information:
St. James Parish	Sunday Jan. – March, 2025 10:00 am	60 minutes	Local Church Service, broadcast for community benefit.
“Homecoming”	Sunday Jan. – March, 2025 11:00 am	30 minutes	Pre-Recorded National Religious Service Program.
Church of the Covenant	Sunday Jan. – March, 2025 11:30 am	30 minutes	Local Church Service, broadcast for community benefit.

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Jan. – March, 2026  
**RECRUITMENT STATEMENT**

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From Program Director, Pete Povich:

Joe Jasek moderated a discussion with the League of Women Voters of Washington County. The discussion he moderated was about Data Centers and the local community. Daniel Flynn, from Waynesburg University, continues his internship. He is training in news and AM and FM duties.

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Jan. – March, 2026  
**“INFOTRAK” Public Service Program, Sundays, 8AM**

Date:	Issues:	Duration:	Guests & Narratives:
1/4/26	Retirement Planning Taxes	6:56 minutes	Many Americans will be shocked once they reach retirement, to find that their IRA or 401(k) is not worth nearly as much as they think. Dr. Munnell said many upper income retirees will be hit with 25-32% federal tax bills on the funds they saved for retirement, and possibly even more from state taxes. She noted that those who save in tax-deferred retirement plans still come out ahead, even after paying taxes on the withdrawals.
1/4/26	Personal Health Aging	10:12 minutes	Dr. Ornish is a well-known advocate for using diet and lifestyle changes to treat and prevent heart disease. He outlined four changes in lifestyle that he believes can stop the progression and even reverse many chronic diseases. He said it's surprising how rapidly our bodies can begin to heal after making simple lifestyle changes.
1/4/26	Crime Prevention Consumer Matters	5:07 minutes	Mr. Young talked about the basic steps that the average homeowner can take to prevent home intrusions or burglaries. He said the most common way that criminals enter a house is by simply breaking through a door, rather than picking locks or breaking windows. He also discussed the misunderstood role that alarm systems play in home security.
1/11/26	Youth Mental Health Public Health	8:34 minutes	Behavioral health care has surged to represent 40% of all medical expenditures for US children, nearly doubling from 22% in the past decade. Dr. Michelson noted that one in 21 families now faces extreme financial burden from healthcare costs (that's spending over 10% of their income). He warned that without regulatory reforms to streamline cross-state provider access and better reimbursement rates, untreated children will continue flooding emergency departments in crisis.
1/11/26	PTSD Treatment Veterans' Concerns	8:44 minutes	Post-traumatic stress disorder affects about 7% of veterans at some point in their lives, and about a quarter of US service members and veterans who start psychotherapy for PTSD quit before they finish treatment. Dr. Penix-Smith led a study that found significant differences in dropout rates, depending on the treatment approach being used. She said intensive outpatient programs and group-based exposure therapies show promise.
1/11/26	Crime Prevention Consumer Matters	5:02 minutes	Prof. Van Geen led a study that found that when people switched from arsenic-contaminated wells to safer water sources, their death risk falls—even after years of chronic exposure. He emphasized that providing people with accurate information empowers them to make informed decisions about their water sources, a lesson applicable to millions of private well users worldwide.

1/18/26	Minority Concerns Personal Health Consumer Matters	7:55 minutes	The daily beauty routine of many Americans might be quietly working against their health. Prof. Edwards found that black and Hispanic women in South Los Angeles face disproportionate chemical exposures from personal care products—not through choice, but because of societal beauty standards and limited access to safer alternatives. Rather than trying to find perfect alternatives immediately, she suggested consumers simply reduce their product usage to minimize chemical exposure.
1/18/26	Concussion Treatment Personal Health	9:24 minutes	Mild traumatic brain injury affects millions of Americans each year, with many experiencing persistent problems with concentration, memory and information processing that can last months or years. Prof. Shelley-Tremblay shared eye-opening results from a specific visual training program that significantly outperforms standard programs designed to treat cognitive problems following a concussion. He also emphasized the critical importance of protective headgear in youth sports to prevent brain injury
1/18/26	Entrepreneurism Career	5:07 minutes	After two successive job losses, Mr. Young pivoted to consulting, realizing that all his clients shared a common goal: improving their odds of success. He emphasized that people often fall into an "averaging trap," evaluating individual task success separately rather than multiplying the probabilities together. He discussed the importance of identifying potential obstacles using tools like ChatGPT, then developing creative solutions to prevent bad outcomes.
1/25/26	Smoking Personal Health	7:44 minutes	When it comes to cigarettes, there's no safe number to smoke. Dr. Blaha discussed his research that found that even two to five cigarettes daily increase a person's cardiovascular disease risk by over fifty percent. He emphasized that complete cessation is the only path to meaningful cardiovascular health improvement, and even then, it takes 30 to 40 years after quitting to return to a never-smoker's health level.
1/25/26	Parenting	9:32 minutes	When Ms. Morin asks parents about their go-to question after school, most admit it's "How was school today?"—and most concede, it rarely works. She suggested the use of specific, targeted questions. She added that that connecting with children requires genuine presence and emotional openness rather than forced activities. She recommended that parents devote ten minutes daily of genuine, device-free attention to show their children they're valued unconditionally.

1/25/26	Disabled Employment Workplace Matters	5:07 minutes	Disabled Americans now represent nearly five percent of the US workforce, a record high. Mr. Kessler said the pandemic shift toward remote work policies created natural accommodations that many disabled workers had been requesting for years. He said while employment rates for those with hearing and visual impairments have improved significantly, individuals with other disabilities remain underemployed.
2/1/26	Workplace Matters Education Personal Health	8:24 minutes	Mr. Pink explained how timing affects everything — from work to home to school — and why it's a science, not an art or luck. He outlined research that found that 86 specific days each year are the optimal days to start a project or to get a fresh start. He offered several examples of how productivity, personal goals and even medical procedures are significantly affected by the timing of the event.
2/1/26	Workforce Development Career Government Policies	8:37 minutes	America's workforce crisis isn't just an economic problem—it's a national security threat. Ms. McCain said that without enough skilled workers in cybersecurity, shipbuilding, and advanced manufacturing, the United will fall behind in economic growth, supply chain stability, and staying competitive against rivals like China in STEM training. She explained why the nation's future skilled workforce requires stronger partnerships between employers and education.
2/1/26	Mental Health Physical Fitness	4:57 minutes	Depression is a leading cause of ill health and disability, affecting over 280 million people worldwide. Prof. Clegg led a review of 73 randomized controlled trials including nearly 5,000 adults with depression. The research suggests that light to moderate exercise, such as walking and cycling, can reduce depression symptoms just as effectively as antidepressant medications and psychological therapy.
2/8/26	River Protection Environment Government Regulation	8:31 minutes	Prof. Olden conducted the first comprehensive review of river protection in the US, and found that that less than 20% of American rivers are adequately protected—just 12% in the lower 48 states. He discussed how protecting rivers requires more than just land-based regulations. He explained why protecting upstream watersheds reduces the need for expensive water treatment plants and provides cleaner drinking water to downstream communities.
2/8/26	Mental Health Personal Relationships	8:53 minutes	What if the key to feeling more loved isn't waiting to receive it, but learning to give it first? Dr. Sonja Lubomirsky, one of the world's leading happiness scientists, explained the two core components that lead to happiness. Her advice: start by making others feel loved through genuine curiosity about their inner lives.

2/8/26	Personal Health Urban Planning Environment	5:02 minutes	Dr. James led a study that found that living near trees reduces cardiovascular disease risk by 4%, and that the protective effect persists across wealthy and poor neighborhoods alike. He believes his research provides sufficient evidence for urban planners, landscape architects, and land managers to seek to increase tree density in future development.
2/15/26	Crime Legal	9:04 minutes	Dr. Smith led a study that found that Americans under the age of 26 are much more likely to be arrested than Americans born in previous decades. He noted that the increase occurred most rapidly among white Americans and women. He said that the study also found connections between the rising rate of arrests/convictions and lower probabilities of being married, fewer weeks worked, lower hourly wages and lower family incomes during Americans' adulthood.
2/15/26	Veterans Issues Personal Health	8:09 minutes	Prof. Hinojosa warned of a coming public health crisis for veterans. He led a study that found that veterans are more likely to have heart disease at a younger age than nonveterans. He discussed the possible differences between vets who served in Iraq and Afghanistan compared to those who served in previous conflicts. He offered advice for veterans who may have cause for concern.
2/15/26	Climate Change Environment City Planning	5:07 minutes	Trees play a surprisingly big role in keeping America's cities and towns cool. Prof. Ziter shared the results of her study that found that the right amount of tree cover can lower summer daytime temperatures by as much as 10 degrees Fahrenheit. She said the effect is quite noticeable from neighborhood to neighborhood, even down to the scale of a single city block. She stressed the importance of urban landscaping and development in making neighborhoods more livable in the future.
2/22/26	Personal Health Aging Artificial Intelligence	9:02 minutes	Dr. St. Sauver shared results of her study that suggests that artificial intelligence can quickly analyze abdominal CT scans and identify adults at higher risk of falling as early as middle age. She said the findings emphasize the importance of maintaining good core strength throughout adulthood to potentially reduce future fall risk. She also discussed AI's growing role in accelerating medical research.
2/22/26	Energy Conservation Housing Local Regulation	8:21 minutes	When nine out of ten renters pay their own utility bills but don't own the buildings they live in, who's going to pay for better insulation? Prof. Homsy discussed potential approaches aimed at encouraging landlords to implement energy-efficient improvements, such as rental registry programs with efficiency standards and taxpayer-provided landlord grants.

2/22/26	Early Childhood Learning Literacy Parenting	4:54 minutes	Dr. Munzer led a study that examined parents reading to their children in different book formats: enhanced electronic (with sound effects and/or animation), electronic, and print. The study found that traditional books provide the greatest opportunities for discussion, conversation and parent/child bonding. She said the flashing lights and loud sounds in most e-readers detract from the potential benefits of a shared reading experience.
3/1/26	CPR training Personal Health	8:05 minutes	Prof. Hoffman led a study that examined how cardio pulmonary resuscitation (CPR) is portrayed on television. Her research found that fewer than 30% of TV shows accurately depicted the currently recommended mode of CPR. She also found that women and people of color receive CPR less frequently on screen and in real life. She emphasized that calling 911 is the single most critical action during a cardiac event, followed by hands-only CPR. She also explained how to find a nearby CPR training class.
3/1/26	Mental Health Veterans Concerns Volunteerism	9:18 minutes	Ms. Clayeux outlined the mission of her organization, which has a network of 5000 volunteer mental health professionals who provide free care to veterans and others facing trauma and crisis. She also discussed the persistent stigma surrounding mental health treatment, noting it's treated differently than physical injuries such a broken leg.
3/1/26	Personal Health Artificial Intelligence	5:03 minutes	Could what happens during one night of sleep reveal more about your health than years of doctor visits? Dr. Zou discussed AI technology that he developed that can predict a person's risk for 130 different diseases—including cancer, heart disease, and dementia—just by analyzing a night of sleep. He explained why comprehensive sleep analysis provides a far richer picture of overall health than current smart watches or rings can offer.
3/8/26	Personal Relationships Mental Health	8:39 minutes	Only one-third of young adults are actively dating today, even though most desire serious, long-term committed relationships. Prof. Willoughby blames low confidence in dating skills, reduced face-to-face interaction during adolescence thanks to social media, and the complete erosion of clear dating norms. He said the stakes extend beyond personal happiness; declining dating threatens marriage rates, fertility, and overall family formation in society. He believes that providing young adults with adequate resources and support such as "dating education" programs can help reverse these troubling trends and foster positive change.

3/8/26	Education Technology	8:48 minutes	Many experts believe today's kids are experiencing measurable declines in literacy, numeracy, critical thinking and working memory. Dr. Horvath attributed this trend to the introduction of personalized learning and student choice programs, and the widespread use of EdTech (internet-connected devices) in classrooms. He outlined steps parents can take to encourage a return to human-to-human learning in public schools.
3/8/26	Medical Debt Personal Finance	5:01 minutes	What happens when a hospital visit doesn't just empty your wallet but puts your housing at risk? Prof. Etman discussed her research which found that medical debt increases housing instability by 44%. She said nearly one in four adults face housing difficulties tied to healthcare costs. She emphasized that addressing medical debt requires multifaceted policy solutions including financial stability programs, hospital assistance programs, and installment plans to break this destructive cycle affecting vulnerable families.
3/15/26	Workplace Matters Mental Health	7:28 minutes	After reviewing more than 200 empirical studies on workplace loneliness, Prof. Erdogan discovered something critical: one in four adults report feeling lonely, and the workplace might be making it worse. She discussed the serious physical and emotional consequences of persistent isolation, and offered advice to reduce loneliness on the job.
3/15/26	Girls Concerns Mentoring Volunteerism	9:56 minutes	Ms. Hull discussed her organization's mission: to empower girls and young women from ages 5 to 25 to believe in their own potential. She explained that Girls Inc. employs trained male and female mentors who address everything from peer relationships to financial literacy and career planning, based on what a specific girl needs. She explained how girls and potential volunteers can get involved in a local chapter.
3/15/26	Traffic Safety	5:09 minutes	Mr. Hedlund shared a shocking statistic: drowsy driving claims more than 6,000 lives each year—about ten times higher than official reports suggest. He explained why many of these fatalities go unrecognized, identified the groups most at risk, and offered two practical strategies to help prevent drowsy driving.
3/22/26	Heart Disease Women's Issues Public Health	8:34 minutes	Cardiovascular disease and obesity rates among US women are projected to surge dramatically by 2050. Dr. Joynt Maddox explained why this crisis has been building quietly for decades, starting with what we feed our children. She offered advice for parents to avoid processed sugary foods. She also explained why policymakers need to fundamentally restructure health systems to prioritize prevention over treatment—a shift that requires broad societal changes, not just individual effort.

3/22/26	Artificial Intelligence Career	8:42 minutes	Can admitting you use AI harm your reputation? When Prof. Carnevale's team studied audience perceptions of AI-assisted work, they discovered that even a legendary composer couldn't escape reputational damage when AI involvement was disclosed. He predicted a paradoxical shift: as it becomes increasingly scarce, authentically human-created work may become more desirable and command premium value.
3/22/26	Consumer Matters Healthcare	5:12 minutes	80% of hospital bills contain errors, and most people don't realize that medical bills are negotiable. Mr. Gundling recommended that consumers request an itemized bill after hospitalization and review every charge carefully. He explained that prices for healthcare are often negotiable, and hospitals frequently offer financial assistance and prompt-pay discount programs—but healthcare consumers need to ask.
3/29/26	Racism Mental Health	8:32 minutes	Nearly nine out of ten young African-Americans believe they encountered online racism within just six months. Dr. Volper's research found that experiencing more online racism correlated with increased use of digital mental health tools rather than avoidance of online spaces. She encourages mental health practitioners to actively inquire about clients' online experiences and understand how digital spaces impact their well-being.
3/29/26	Personal Health	8:54 minutes	Ms. Herby shared the results of her organization's recent survey that found that over half of US adults are not aware that processed meats increase colorectal cancer risk. She said the findings point to a troubling gap in medical education—physicians themselves often lack proper nutrition training and follow the same dietary patterns as their patients. She offered advice to reduce the chance of developing colorectal cancer.
3/29/26	Volunteerism Community Involvement	5:10 minutes	44 percent of adults volunteer, and many others would consider it, if they thought they had the time and skills needed. Ms. DeVille said that ordinary people can make a difference by volunteering as little as five minutes a day. She offered examples of opportunities to contribute time, often online, to non-profit organizations in their own community or across the globe.